

TELEREHAB

Heal at home

At NovaCare Rehabilitation, we offer physical and occupational therapy from the comfort and safety of your home through our telerehab program. If you're limited by travel, injury or a weakened immune system, we will virtually bring our services to you so you may heal, build strength and get back to the things you love.



What is Telerehab?

Telerehab lets you easily connect with one of our licensed therapists through web-based technology, all from the convenience of your home. Sessions are delivered one-on-one in real-time and are private, secure and adhere to HIPAA requirements.

How does it work?

Telerehab sessions may be offered in place of or in addition to in-person center sessions, dependent upon your condition and preference. All you need is a computer or device with a camera, microphone and internet access to begin.

- Simply click a link we'll send you – no downloads or accounts necessary!
- Just like the care you'd receive in our center, we'll cover:
 - Pertinent paperwork
 - Exercises, education and techniques to address your pain and impairments
 - Instruction on how to best move forward with your physical therapy program



Our physical and occupational therapists will work with you and your doctor to make sure telerehab is right for you. Our goal is to help you feel better physically while making sure you're comfortable and an active partner throughout treatment.

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